



CRAVEN COUNTY

FAMILY CAREGIVER SUPPORT PROGRAMS

LOCAL RESOURCES FOR CAREGIVERS & OLDER ADULTS:

- **Coastal Community Action, Inc.:**
 - Contact: (252) 223-1630; www.coastalca.org
 - Address: 303 McQueen Ave, Newport NC
 - Services: Senior Companion Programs, consumer directed respite voucher program, retired and senior volunteer programs, HUD Section 8 Rental assistance, weatherization assistance, housing & Home improvement assistance.
- **Craven County Department of Social Services:**
 - Contact: (252) 636-4900; www.cravencountync.gov
 - Address : 2818 Neuse Blvd, New Bern, NC 28561
 - Services: Medicaid Applications, SNAP (Food stamp assistance), Fan Relief Programs, Adult Protective Services, Case Management, Guardianship and Alternatives to Guardianship, Special Assistance/In-Home Programs, Special Needs Registry, and Low Income Energy Assistance Program.
- **Eastern Carolina Council Area Agency on Aging:**
 - Contact: January Brown at (252) 638-3185, ext. 3011; www.eccog.org
 - Address: 233 Middle Street, 3rd Floor, New Bern NC
 - Services: Caregiver information and assistance, caregiver one-on-one options counseling, assistance on gaining access to needed services, support and training to assist caregivers in their caregiver roles, information and referral programs, literature and pamphlets on information to fit individual caregiver needs, Local Ombudsmen, advance care planning and document education and assistance.
- **George Street Senior Center:**
 - Contact: (252) 638-1790; www.ccseniorservices.weebly.com
 - Address: 811 George St, New Bern NC
 - Services: Home Delivered Meets, Support Groups, Congregate Meal Site, Powerful Tools For Caregiver Classes, Sunshine Center (“provides temporary relief to caregivers who are caring for loved ones with Alzheimer’s disease and related conditions), fitness classes, and groups.
- **Havelock Senior Center:**
 - Contact: (252) 444-6433; www.havelocknc.us/departments/parks-recreation/senior-center/
 - Address: 103 Trader Ave, Havelock, NC 28532
 - Services: Caregiver Support Programs, Powerful Tools Caregiver Classes, Caregiver Resources and information assistance, Congregate Meal Site, activities, fitness, library, and classes.

CAREGIVER SUPPORT GROUPS

- **1st Monday of the month at 4:00 pm., Memory Care Café** (*onsite respite available.*)
 - Address: George Street Senior Center, 811 George St, New Bern NC.
- **1st Wednesday of the month at 1:00 pm. Caregiver Support group meeting.**
 - Address: Home Place of New Bern, 1309 McCarthy Blvd, New Bern.
- **4th Thursday of the month at 10:00 am, PERC Support Group** (*for individuals with early onset diagnosis*)
 - Address: George Street Senior Center, 811 George St, New Bern NC.
- **4th Wednesday of the month at 1:00 pm. Parkinson's Support Group**
 - Address: Homeplace of New Bern, 1309 McCarthy Blvd, New Bern
- **1st Saturday of the month at 10 am-11:30 am. Brain Injury Support Group**
 - Address: Homeplace of New Bern, 1309 McCarthy Blvd, New Bern



CAREGIVER RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; www.aarp.org
- **Alzheimer's Association: Caregiver help line:** 1-800-272-3900, www.alz.org
- **CARTS Transportation:** (252)636-4917; www.cravencountync.gov
- **Craven County Health Department:** (252) 636-4920
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; www.dementianc.org
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Legal Aid of NC:** 1-866-219-5262; www.legalaidnc.org
- **Long Term Care Regional Ombudsman:** Colby Smith, (252) 638-3185 or 1-800-824-4648
- **Medicare:** 1-800-633-4227; www.medicare.gov
- **NC Assistive Technology:** (919) 859-8360, www.ncdhhs.gov
- **NC Baptist Aging Ministry (NCBAM, ramp assistance):** 1-877-506-2226, www.ncbam.org
- **NC Division of Health & Human Services:** 1-800-662-7030; www.ncdhhs.gov
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-Impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; www.ncdoi.com/SHIIP
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; www.va.gov

TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; www.afadn.org
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Trillium Mobile Crisis Line:** 1-877-685-2415, www.trilliumhealthresources.org
- **United Way NC211 Helpline:** 211; www.nc211.org
- **Veterans Crisis Line:** 1-800-273-8255; www.va.gov

NC LICENSED-LONG TERM CARE, SKILLED NURSING FACILITIES

- **Bayview Nursing & Rehabilitation Center:** 3003 Kensington Park Dr., New Bern; (252)638-1818
- **Cherry Point Bay Nursing & Rehabilitation Center:** 110 McCotter Blvd., Havelock; (252)444-4631
- **PruittHealth-Neuse:** 1303 Health Dr., New Bern; (252)634-2560
- **PruittHealth-Trent:** 836 Hospital Dr., New Bern; (252)638-6001
- **Riverpoint Crest Nursing & Rehabilitation Center:** 2600 Old Cherry Point Rd., New Bern; (252)637-4730

DHSR/DHHS licensing information, licensed facility information, and survey results available at:
www.ncdhhs.gov

For further information and assistance contact:

Family Caregiver Resource Specialist

January Brown: (252) 638-3185, ext. 3011
E-mail: jbrown@eccog.org

Craven County Ombudsmen:

Angelia Pridgen: (252) 638-3185, ext. 3007
Email: apridgen@eccog.org

Colby Smith: (252) 638-3185, ext. 3010
Email: csmith@eccog.org

Visit: www.eccog.org

