



Onslow COUNTY

FAMILY CAREGIVER SUPPORT PROGRAMS

LOCAL RESOURCES FOR CAREGIVERS & OLDER ADULTS

- **Eastern Carolina Council Area Agency on Aging:**
 - Contact: January Brown at (252) 638-3185, ext. 3011; www.eccog.org
 - Address: 233 Middle Street, 3rd Floor, New Bern NC
 - Services: Caregiver information and assistance, caregiver one-on-one options counseling, Assistance on gaining access to needed services, support and training to assist caregivers in their caregiver roles, information and referral programs, literature and pamphlets on information to fit individual caregiver needs, Local Ombudsmen, advance care planning and document education and assistance.
- **Onslow County Department of Social Services:**
 - Contact: (910) 455-4145; <http://www.onslowcountync.gov/DSS/>
 - Address : 1612 College St, Jacksonville NC Services: Adult Protective Services, At Risk Case Management (housing, food, health services), Representative Payee, Adult Care Home Monitoring, Enhanced Personal Care (facilities), Guardianship, Adult Care Home Placement, Elderly and Disabled Transportation Assistance Program (EDTAP), Housing and Home Improvement, Special Assistance In-Home, Services for the Blind.
- **Onslow County Senior Services:**
 - Contact: (910) 455-2747; <http://www.onslowcountync.gov/Seniors/>
 - Address: 4024 Richlands HWY, Jacksonville NC
 - Services:, Adult Day Care Programs, Alzheimer's Support, Caregiver Support, General Resources, Home Delivered Meals, Home Health Care, Hospice, In Home Aide Services, Legal Assistance, Meals / Nutrition, Medicare Counseling, Medicare Part D Counseling, Respite Services, Senior Centers, Senior's Health Insurance Information Program (SHIIP), Support Groups, Transportation, and Volunteer Opportunities

CAREGIVER SUPPORT GROUP

- **2nd Tuesday at 2:00 pm:** Caregiver Support Group, Senior Services in the Onslow County Multipurpose Complex, 4024 Richlands HWY, Jacksonville (adult Day care is available at no charged.)
- **Every Tuesday at 9:00 am:** Diabetic Support Group, call Cynthia Peck at 910-353-4738 for further information
- **2nd Tuesday of each month at 2:00 pm:** Parkinson's Support Group, for more information call 910-577-6660

CAREGIVER RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; www.aarp.org
- **Alzheimer's Association: Caregiver help line:** 1-800-272-3900, www.alz.org
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; www.dementianc.org
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Legal Aid of NC:** 1-866-219-5262; www.legalaidnc.org
- **Long Term Care Regional Ombudsman:** Colby Smith, (252) 638-3185 or 1-800-824-4648
- **Medicare:** 1-800-633-4227; www.medicare.gov
- **NC Assistive Technology:** (919)859-8360, www.ncdhhs.gov
- **NC Baptist Aging Ministry (NCBAM):** 1-877-506-2226, www.ncbam.org
- **NC Division of Health & Human Services:** 1-800-662-7030; www.ncdhhs.gov
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-Impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Onslow County Health Department:** (910) 347-2154
- **Onslow United Transit System:** (910) 346-2998
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; www.ncdoi.com/SHIIP
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; www.va.gov

TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; www.afadn.org
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Trillium Mobile Crisis Line:** 1-877-685-2415, www.trilliumhealthresources.org
- **United Way NC211 Helpline:** 211; www.nc211.org
- **Veterans Crisis Line:** 1-800-273-8255; www.va.gov

NC LICENSED HOME CARE

- **Access Community-Based Services:** (910) 346-2311
- **Carolina Home Medical, Inc.:** (910) 346-1546
- **Changing Lives:** (910) 939-4663
- **Continuum Home Care and Hospice:** (910) 989-2682
- **Liberty Home Care:** (910) 346-4800
- **Onslow County Home Health and Hospice:** (910) 577-6660
- **Onslow Senior Services:** (910) 455-2747
- **Quality Home Staffing, Inc.:** (910) 346-1094
- **Shining Hearts Home Care of North Carolina, LLC:** (724) 713-3487
- **Sweet Waters Homecare, LLC:** (910) 319-9387
- **Well Care Home Care, Inc.:** (910) 353-9788



NC LICENSED-LONG TERM CARE, ASSISTED LIVING UNITS

- **Liberty Commons Assisted Living:** has a dementia unit. 3045 Henderson Drive Extension, Jacksonville NC; (910) 355-1996
- **Lighthouse Village:** 182 Village Drive, Jacksonville NC; (910) 353-7111
- **Onslow House:** 34 McDaniel Drive, Jacksonville NC; (910) 347-1300
- **The ARC:** has a dementia unit, P.P. Box 698, Jacksonville NC; (910) 347-3092
- **The Heritage of Richlands:** 148 Cox Ave, Richlands NC; (910) 324-1121

NC LICENSED-LONG TERM CARE, SKILLED NURSING FACILITIES

- **Carolina Rivers:** 1839 Onslow Drive Ext., Jacksonville NC; (910) 455-3610
- **Premier Nursing:** 225 White Street, Jacksonville NC; (910) 353-7222

DHSR/DHHS licensing information, licensed facility information, and survey results available at:
www.ncdhhs.gov

For further information and assistance contact:

January Brown, Family Caregiver Resource Specialist
(252) 638-3185, ext. 3011; E-mail: jbrown@eccog.org

Regional Ombudsmen:

Angelia Pridgen: (252) 638-3185, ext. 3007; Email: apridgen@eccog.org

Colby Smith: (252) 638-3185, ext. 3010; Email: csmith@eccog.org

Visit: www.eccog.org

