



LENOIR COUNTY

FAMILY CAREGIVER SUPPORT PROGRAMS

LOCAL RESOURCES FOR CAREGIVERS & OLDER ADULTS

- **Lenoir County Department of Social Services:**

- Contact: (252) 559-6400; <http://www.co.lenoir.nc.us/dss.html>
- Address : 130 W King Street, Kinston NC
- Services: Medicaid Applications, Adult Protective Services, In-Home Aide Services, food and nutrition services, special needs registry, refugee assistance, work first family assistance, emergency assistance, energy assistance program, food stamps, interpreting services.

- **Lenoir County Council on Aging (Senior Center):**

- Contact: (252) 527-1545; <https://lenoircoa.org/>
- Address: 112 E. Blount Street, Kinston
- Services: Consumer Directed Caregiver Voucher Program, Powerful Tools For Caregivers Classes, SHIIP-Senior Health Insurance Information Program, Neuse River Senior Games, line dancing, fitness activities and classes, Evidence Based Health Promotion classes, In-Home aid home maker services, congregate meal cite, Medicaid assistance, progress emery fan heat relief, Alzheimer's lending library, information and referral programs, home-delivered meals, disaster planning assistance, assistive devices, telephone reassurance program, legal services, social security assistance, energy assistance, and education programs.

- **Eastern Carolina Council Area Agency on Aging:**

- Contact: January Brown at (252) 638-3185, ext. 3011; www.eccog.org.
- Address: 233 Middle Street, 3rd Floor, New Bern NC
- Services: Caregiver information and assistance, caregiver one-on-one options counseling, assistance on gaining access to needed services, support and training to assist caregivers in their caregiver roles, information and referral programs, literature and pamphlets on information to fit individual caregiver needs, Local Ombudsmen, advance care planning and document education and assistance.

CAREGIVER SUPPORT GROUP

- **1st Tuesday of each month at 6:00 p.m.-**Caregiver Support Group; 112 E. Blount Street, Kinston
- **2nd Thursday of the month at 10:00 a.m.:** Caregiver Support Group; contact Stephanie Pollard at 252-523-3099



CAREGIVER RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; www.aarp.org
- **Alzheimer's Association: Caregiver help line:** 1-800-272-3900, www.alz.org
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; www.dementianc.org
- **Lenoir County Health Department:** (252) 526-4200
- **Lenoir County Transit (Transportation):** (252) 523-4171
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Legal Aid of NC:** 1-866-219-5262; www.legalaidnc.org
- **Long Term Care Regional Ombudsman:** Colby Smith, (252) 638-3185 or 1-800-824-4648
- **Medicare:** 1-800-633-4227; www.medicare.gov
- **NC Assistive Technology:** (919) 859-8360, www.ncdhhs.gov
- **NC Baptist Aging Ministry (NCBAM):** 1-877-506-2226, www.ncbam.org
- **NC Division of Health & Human Services:** 1-800-662-7030; www.ncdhhs.gov
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-Impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; www.ncdoi.com/SHIIP
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; www.va.gov

TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; www.afadn.org
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **United Way NC211 Helpline:** 211; www.nc211.org
- **Veterans Crisis Line:** 1-800-273-8255; www.va.gov

NC LICENSED HOME CARE & HOME CARE

- **3HC:** 252-527-9561
- **Carolina Home Medical, Inc.:** 252-233-232
- **Continum Home Care of Kinston:** 252-523-0082
- **Down East Medical Supply:** 252-522-1761
- **Heaven's Touch Home Care Services:** 252-522-5984
- **Home Choice Healthcare:** 919-606-1739
- **Home Life Care, Inc.:** 252-523-5913
- **HomeChoice Healthcare:** 919-606-1739
- **In Us You Trust Home Care, Inc.:** 252-523-9283
- **Interim HealthCare-Morris Group, Inc.:** 252-526-9792
- **Kindred at Home:** 252-522-1458
- **Kindred at Home:** 252-568-6022
- **ResCare Home Care:** 252-527-6400
- **Shipman Family Haome Care, Inc.:** 252-523-0628
- **Supreme Choice Healthcare, LLC:** 252-523-1100



Adult Care Homes (Assisted Living Facilities)

- **Care One Memory Unit of Kinson:** has a dementia unit; 1406 E. Shine Street, Kinston NC; (252) 527-0435
- **Kinston Assisted Living:** 2130 Rose Vista Road, Kinston NC; (252) 522-5783
- **Lenoir Assisted Living:** has a dementia unit; 2773 Pinewood Home Road, Pink Hill NC; (252) 568-6167
- **Spring Arbor:** has a dementia unit; 3207 Carey Road, Kinston NC; (252) 523-3099
- **The Village of Kinston:** has a dementia unit; 1935 Idlewild Road, Kinston NC; (252) 208-7103

Family Care Home

- **Ant Mary's Family Care Home #1**
- **Ant Mary's Family Care Home #3:** (252) 566-3700
- **A New Beginning:** (252)522-5436
- **Barnes Family Care Home:** (252) 522-2634
- **Classic Country Care:** (252) 527-8944
- **Hobbs Adult Care, INC:** (252) 523-5755
- **Millers Family Care:** (252) 686-6226
- **Mosely's Family Care Home:** (252) 522-2280

NC LICENSED-LONG TERM CARE, SKILLED NURSING FACILITIES

- **Harmony Hall:** 317 Rhodes Ave, Kinston NC; (252) 523-0082
- **NC State Veterans Home:** 2150 Hull Road, Kinston NC; (252) 939-8000
- **Signature HealthCARE of Kinston:** 907 Cunningham Road, Kinston; (252) 527-5146

DHSR facility licensing information, licensed facility information, and survey results available at:
www.ncdhhs.gov

For further information and assistance contact:

January Brown, Family Caregiver Resource Specialist
(252) 638-3185, ext. 3011; E-mail: jbrown@eccog.org

Regional Ombudsmen:

Angelia Pridgen: (252) 638-3185, ext. 3007; Email: apridgen@eccog.org

Colby Smith: (252) 638-3185, ext. 3010; Email: csmith@eccog.org

Visit: www.eccog.org



