CARTERET COUNTY

FAMILY CAREGIVER SUPPORT PROGRAMS

LOCAL RESOURCES FOR CAREGIVERS & OLDER ADULTS

- **Coastal Community Action, Inc.:**
  - **Contact:** (252) 223-1630; [www.coastalca.org](http://www.coastalca.org)
  - **Address:** 303 McQueen Ave, Newport NC
  - **Services:** Senior Companion Programs, consumer directed respite voucher program, retired and senior volunteer programs, HUD Section 8 Rental assistance, weatherization assistance, housing & Home improvement assistance.

- **Eastern Carolina Council Area Agency on Aging:**
  - **Contact:** January Brown at (252) 638-3185, ext. 3011; [www.eccog.org](http://www.eccog.org)
  - **Address:** 233 Middle Street, 3rd Floor, New Bern NC
  - **Services:** Caregiver information and assistance, caregiver one-on-one options counseling, Assistance on gaining access to needed services, support and training to assist caregivers in their caregiver roles, information and referral programs, literature and pamphlets on information to fit individual caregiver needs, Local Ombudsmen, advance care planning and document education and assistance.

- **Carteret County Department of Social Services:**
  - **Contact:** (252) 728-3181; [www.carteretcountync.gov/144/social-services](http://www.carteretcountync.gov/144/social-services)
  - **Address:** 210 Craven St, Beaufort, NC
  - **Services:** Medicaid Applications, Adult Protective Services, Special Assistance Programs, Food Stamp Eligibility, General Resources, In Home Aide Services, Legal Assistance, Medicaid Services, Subsidized Housing, Crisis Intervention, and Economic Services.

- **Leon Mann Senior Center:**
  - **Contact:** (252) 247-2626
  - **Address:** 3820 Galantis Dr., Morehead City NC
  - **Services:** Congregate Meal Site, Home Delivered Meals, activities, fitness, health and Wellness, Nutrition, SHIIP/Medicare counseling, volunteer opportunities, general resources, support groups, and classes.
CAREGIVER SUPPORT GROUP

- 1st & 2nd Tuesday at 1:30 pm, Cape Carteret Baptist Church.
  - Contact Joyce Manley at (252)393-3243
- 2nd Thursday at 1:00 pm.-Caregiver Support Group
  - Address: Friendly Caregivers, 2302 Arendell St, Morehead City NC
- 2nd & 4th Thursday, Parkinson’s Support Group
  - Address: Leon Mann Senior Center, 3820 Galantis Dr., Morehead City; contact: (252)247-2626
- 2nd Thursday at 6:30 pm.-Carteret County Brain Injury Support Group
  - Address: St. Peter’s United Methodist Church, 111 Hodges St, Morehead City

CAREGIVER RESOURCES

- AARP of North Carolina: 1-866-389-5650; [www.aarp.org](http://www.aarp.org)
- Alzheimer’s Association: Caregiver help line: 1-800-272-3900, [www.alz.org](http://www.alz.org)
- Carteret County Health Department: (252) 728-8550
- CCATS Transportation: (252) 240-1043
- Dementia Alliance of North Carolina: Caregiver assistance line: 1-800-228-8738; [www.dementianc.org](http://www.dementianc.org)
- International Hearing Society (Hearing Aid Helpline): 1-800-521-5247
- Legal Aid of NC: 1-866-219-5262; [www.legalaidnc.org](http://www.legalaidnc.org)
- Long Term Care Regional Ombudsman: Colby Smith, (252) 638-3185 or 1-800-824-4648
- NC Assistive Technology: (919)859-8360, [www.ncdhhs.gov](http://www.ncdhhs.gov)
- NC Division of Health & Human Services: 1-800-662-7030; [www.ncdhhs.gov](http://www.ncdhhs.gov)
- NC Independent Living Program: 1-877-699-7578
- NC Lions Foundation (visually and hearing-Impaired assistance): 1-800-521-5247
- Nursing Home Complaint Hotline: 1-800-624-3004
- Project C.A.R.E-Caregivers Alternatives to Running on Empty: Amanda Biggs, (252) 414-3230
- Senior Health Insurance Information Program (SHIIP): 1-855-408-1212; [www.ncdoi.com/SHIIP](http://www.ncdoi.com/SHIIP)
- Social Security Administration: 1-800-772-1213
- U.S. Department of Veterans Affairs: 1-844-698-2311; [www.va.gov](http://www.va.gov)

TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- Caregiver Connection Assistance Line: 1-866-211-3380
- RHA Health Services, Inc. Mobile Crisis Line: 1-844-709-4097
- United Way NC211 Helpline: 211; [www.nc211.org](http://www.nc211.org)
- Veterans Crisis Line: 1-800-273-8255; [www.va.gov](http://www.va.gov)

Provided By: Eastern Carolina Council Area Agency on Aging, (252) 638-3185
PO Box 1717, New Bern NC 28563, [www.eccog.org](http://www.eccog.org)
NC LICENSED HOME CARE AGENCIES

- Access Community: (252)247-6911
- Carteret Healthcare Home Health & Hospice: (252) 449-6081
- Companion & Home Care, LLC: (252) 764-9574
- Friendly Caregivers: (252) 240-1234
- In Touch Home Care: (252) 726-6780
- Kindred at Home: (252) 7 26-9300
- Liberty Home Care and Hospice: (252) 247-0644
- Maxim Healthcare Services, Inc.: (252) 726-8746

NC LICENSED-LONG TERM CARE, ASSISTED LIVING UNITS

- Anchor Landing: 111 Graham Lane, Beaufort NC; (252) 838-1574
- Brookdale Morehead City: has a dementia unit; 107 Bryan Street, Morehead City NC; (252) 726-4454
- Carteret House: has a dementia unit 3020 Market Street, Newport NC; 252-223-2600
- Carteret Landing: has a dementia unit; 221 Friendly Rd, Morehead City NC; (252) 773-0980
- Sea Coast Family Care: 107 Graham Lane, Beaufort NC; (252) 838-9204
- Shoreline Family Care: 105 Graham Lane, Beaufort NC; (252) 838-9202

NC LICENSED-LONG TERM CARE, SKILLED NURSING FACILITIES

- Croatan Ridge Nursing & Rehabilitation Center: 210 Foxhall Road, Newport NC; (252) 233-2560
- Crystal Bluffs Rehabilitation & Health Care Center: 4010 Bridges St. Ext. Morehead City NC; (252) 726-0031
- Harborview Health Care Center: 812 Shepherd Street, Morehead City NC; (252) 726-6855
- PruittHealth-Sea Level: 468 Hwy 70, Sea Level NC; (252) 225-4611
- Snug Harbor on Nelson Bay: P.O. Box 245 Sea Level NC; (252) 225-4411

DHSR/DHHS licensing information, licensed facility information, and survey results available at: www.necdhhs.gov

For further information and assistance contact:

January Brown, Family Caregiver Resource Specialist
(252) 638-3185, ext. 3011; E-mail: jbrown@eccog.org

Craven County Ombudsmen:
Angelia Pridgen: (252) 638-3185, ext. 3007; Email: apridgen@eccog.org

Colby Smith: (252) 638-3185, ext. 3010; Email: csmith@eccog.org

Visit: www.eccog.org

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