



## **CARTERET COUNTY**

### **FAMILY CAREGIVER SUPPORT PROGRAMS**

#### **LOCAL RESOURCES FOR CAREGIVERS & OLDER ADULTS**

- **Coastal Community Action, Inc.:**
  - Contact: (252) 223-1630; [www.coastalca.org](http://www.coastalca.org)
  - Address: 303 McQueen Ave, Newport NC
  - Services: Senior Companion Programs, consumer directed respite voucher program, retired and senior volunteer programs, HUD Section 8 Rental assistance, weatherization assistance, housing & Home improvement assistance.
- **Eastern Carolina Council Area Agency on Aging:**
  - Contact: January Brown at (252) 638-3185, ext. 3011; [www.eccog.org](http://www.eccog.org)
  - Address: 233 Middle Street, 3<sup>rd</sup> Floor, New Bern NC
  - Services: Caregiver information and assistance, caregiver one-on-one options counseling, Assistance on gaining access to needed services, support and training to assist caregivers in their caregiver roles, information and referral programs, literature and pamphlets on information to fit individual caregiver needs, Local Ombudsmen, advance care planning and document education and assistance.
- **Carteret County Department of Social Services:**
  - Contact: (252) 728-3181; [www.carteretcountync.gov/144/social-services](http://www.carteretcountync.gov/144/social-services)
  - Address : 210 Craven St, Beaufort, NC
  - Services: Medicaid Applications, Adult Protective Services, Special Assistance Programs, Food Stamp Eligibility, General Resources, In Home Aide Services, Legal Assistance, Medicaid Services, Subsidized Housing, Crisis Intervention, and Economic Services.
- **Leon Mann Senior Center:**
  - Contact: (252) 247-2626
  - Address: 3820 Galantis Dr., Morehead City NC
  - Services:, Congregate Meal Site, Home Delivered Meals, activities, fitness, health and Wellness, Nutrition, SHIP/Medicare counseling, volunteer opportunities, general resources, support groups, and classes.

## CAREGIVER SUPPORT GROUP

- **1st & 2<sup>nd</sup> Tuesday at 1:30 pm, Cape Carteret Baptist Church.**
  - Contact Joyce Manley at (252)393-3243
- **2<sup>nd</sup> Thursday at 1:00 pm.-Caregiver Support Group**
  - Address: Friendly Caregivers, 2302 Arendell St, Morehead City NC
- **2<sup>nd</sup> & 4th Thursday, Parkinson's Support Group**
  - Address: Leon Mann Senior Center,3820 Galantis Dr., Morehead City; contact: (252)247-2626
- **2<sup>nd</sup> Thursday at 6:30 pm.-Carteret County Brain Injury Support Group**
  - Address: St. Peter's United Methodist Church, 111 Hodges St, Morehead City



## CAREGIVER RESOURCES

- **AARP of North Carolina:** 1-866-389-5650; [www.aarp.org](http://www.aarp.org)
- **Alzheimer's Association: Caregiver help line:** 1-800-272-3900, [www.alz.org](http://www.alz.org)
- **Carteret County Health Department:** (252) 728-8550
- **CCATS Transportation:** (252) 240-1043
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; [www.dementianc.org](http://www.dementianc.org)
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Legal Aid of NC:** 1-866-219-5262; [www.legalaidnc.org](http://www.legalaidnc.org)
- **Long Term Care Regional Ombudsman:** Colby Smith, (252) 638-3185 or 1-800-824-4648
- **Medicare:** 1-800-633-4227; [www.medicare.gov](http://www.medicare.gov)
- **NC Assistive Technology:** (919)859-8360, [www.ncdhhs.gov](http://www.ncdhhs.gov)
- **NC Baptist Aging Ministry (NCBAM):** 1-877-506-2226, [www.ncbam.org](http://www.ncbam.org)
- **NC Division of Health & Human Services:** 1-800-662-7030; [www.ncdhhs.gov](http://www.ncdhhs.gov)
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-Impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; [www.ncdoi.com/SHIIP](http://www.ncdoi.com/SHIIP)
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; [www.va.gov](http://www.va.gov)

## TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES

- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; [www.afadn.org](http://www.afadn.org)
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Trillium Mobile Crisis Line:** 1-877-685-2415, [www.trilliumhealthresources.org](http://www.trilliumhealthresources.org)
- **United Way NC211 Helpline:** 211; [www.nc211.org](http://www.nc211.org)
- **Veterans Crisis Line:** 1-800-273-8255; [www.va.gov](http://www.va.gov)

## **NC LICENSED HOME CARE AGENCIES**

- **Access Community:** (252)247-6911
- **Carteret Healthcare Home Health & Hospice:** (252) 449-6081
- **Companion & Home Care, LLC:** (252) 764-9574
- **Friendly Caregivers:** (252) 240-1234
- **In Touch Home Care:** (252) 726-6780
- **Kindred at Home:** (252) 7 26-9300
- **Liberty Home Care and Hospice:** (252) 247-0644
- **Maxim Healthcare Services, Inc.:** (252) 726-8746

## **NC LICENSED-LONG TERM CARE, ASSISTED LIVING UNITS**

- **Anchor Landing:** 111 Graham Lane, Beaufort NC; (252) 838-1574
- **Brookdale Morehead City:** has a dementia unit; 107 Bryan Street, Morehead City NC; (252) 726-4454
- **Carteret House:** has a dementia unit 3020 Market Street, Newport NC; 252-223-2600
- **Carteret Landing:** has a dementia unit; 221 Friendly Rd, Morehead City NC; (252) 773-0980
- **Sea Coast Family Care:** 107 Graham Lane, Beaufort NC; (252) 838-9204
- **Shoreline Family Care:** 105 Graham Lane, Beaufort NC; (252) 838-9202
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## **NC LICENSED-LONG TERM CARE, SKILLED NURSING FACILITIES**

- **Croatan Ridge Nursing & Rehabilitation Center:** 210 Foxhall Road, Newport NC; (252) 233-2560
- **Crystal Bluffs Rehabilitation & Health Care Center:** 4010 Bridges St. Ext. Morehead City NC; (252) 726-0031
- **Harborview Health Care Center:** 812 Shepherd Street, Morehead City NC; (252) 726-6855
- **PruittHealth-Sea Level:** 468 Hwy 70, Sea Level NC; (252) 225-4611
- **Snug Harbor on Nelson Bay:** P.O. Box 245 Sea Level NC; (252) 225-4411

*DHSR/DHHS licensing information, licensed facility information, and survey results available at:  
[www.ncdhhs.gov](http://www.ncdhhs.gov)*

### **For further information and assistance contact:**

**January Brown, Family Caregiver Resource Specialist**

(252) 638-3185, ext. 3011; E-mail: [jbrown@eccog.org](mailto:jbrown@eccog.org)

### **Craven County Ombudsmen:**

**Angelia Pridgen:** (252) 638-3185, ext. 3007; Email: [apridgen@eccog.org](mailto:apridgen@eccog.org)

**Colby Smith:** (252) 638-3185, ext. 3010; Email: [csmith@eccog.org](mailto:csmith@eccog.org)

Visit: [www.eccog.org](http://www.eccog.org)

