

REGIONAL AGING ADVISORY COMMITTEE (RAAC)

AGENDA

Wednesday, February 1, 2017
2nd Floor Conference Room, O'Marks Building
10:00 a.m.

Carteret County

Louise Yurko (RAAC)
Victor Heinrich (STHL-D)

Lenoir County

Walter LaRoque (RAAC & STHL-D)

Craven County

Lavick Williams (RAAC & STHL-D)
Thomas Pittman (RAAC)
Carolyn Bland (RAAC)

Onslow County

Joyce DuPavevich (RAAC)

Greene County

David Jones (RAAC & STHL-D)
Jean Garner (RAAC)
Elliotte Ashburn (STHL-A)

Pamlico County

Joan Gracie (RAAC & STHL-D)
Ann Hughes-Thomas (STHL-A)

Jones County

Matthew Brinkley (RAAC)

Wayne County

Linda Harper (RAAC)
Jimmie Ford (RAAC)
Yvonne McLamb (RAAC)
Martha Bryan (STHL-D)

ECC-AAA Members in Attendance:

David Rosado, *Interim Director*
Andi Reece, *Interim Deputy Director*
January Brown, *Family Caregiver Specialist*

Angelia Pridgen, *Lead Ombudsman*
Katie McGaha, *Ombudsman Intern*
Leighann Morgan, *Administrative Assistant*

1. Call to Order – Louise Yurko called the meeting to order at 10:00 a.m.
2. Welcome – Louise Yurko welcomed everyone to the meeting and started the introduction around the table.
3. Adopt Agenda
Agenda was unanimously adopted
4. Approval of Minutes - October 3, 2016
Walter LaRoque motioned to approve the minutes as presented, seconded by Linda harper, unanimously approved.
5. HIPPA Policy Review – David Rosado explained what the HIPPA Policy is for and reason why the AAA needs it.

6. Directors Report – David Rosado stated that the AAA has undergone some staff changes. He introduced himself as Interim Director and Andi as Interim Deputy Director.
7. Staff Reports
 - a. Ombudsman – Angelia Pridgen reported the ombudsmen have had 911 T/A issues, 170 complaints and 377 visits to long term facilities. She introduced Katie McGaha as the current Ombudsman Intern. Angelia stated that CAC volunteers are needed across the region. Katie is working on an In-House list of facilities in the region and their specifications.
 - b. Family Caregiver – January Brown reported that \$250,000 were saved with the SHIP open enrollment for Craven County. Currently there is a LIS commercial running across Eastern NC, getting calls from other regions. She has hosted 3 Family Caregiver Support workshops, Jones and Pamlico had over 20 participants and Craven had over 100 attendees. Virtual Dementia Tours will be offered in every county over the course of this year, Pamlico County will have two coming up. Pamlico Senior Services on February 23rd and the Gardens of Pamlico on March 10th. AAA was granted two grants for PASTA workshops which is a 8-week course for Grandparents raising grandchildren in Jones and Carteret counties. This course will start February 28th in Jones County and March 2nd in Carteret County.
 - c. HCCBG – David Rosado stated that Leighann Morgan does Congregate and Home Delivered Meals Monitoring. Leighann stated that Lenoir, Onslow, Jones and Carteret monitoring have been completed with no major issues of compliance. Upcoming monitoring will include Wayne, Pamlico and Greene in February and Craven Senior Services in March. David stated that there has been an issue with the interpretation of a statute with In-Home Aide monitoring. Tonya Cedars will be learning and conducting Transportation Monitoring.
 - d. LCA/MFP – Andi Reese stated there was 2 transitions in Wayne County around Thanksgiving of 2016. There are 3 in current process that will hopefully be completed within the next 2-3 months. On January 31st she hosted a facility Person Center Thinking Workshop with 35 people in attendance.
 - e. Other – David Rosado presented a list of nominated STHL delegates and alternates for approval.
STHL delegates and alternates was unanimously approved.
8. County Comments – list out counties
 - a. Carteret – Victor Heinrich stated that Project CARE is in effect in the county.
 - b. Craven – Thomas Pittman reported that the Sunshine Center will be hosting a Memorial Service for those who have passed on February 9th. The George Street Center hosted a Matter of Balance event on October

22nd. December 16th a Christmas Party with over 90 people participating. Still hosting a monthly Memory Café and Grandparent Café. On January 12th there was an Elder Abuse workshop with 85 people in attendance. Lavick Williams stated he talked at the center on January 10th and 12th about what a STHL does.

- c. Duplin – no representation present
- d. Greene – Jean Garner stated the Senior Center offered a screening Event for Type 2 Diabetes and classes will be offered in February. Free Income Tax help will be offered February 24th and a Valentine's Day Party will be held on the Holiday. David Jones gave a STHL presentation in October.
- e. Jones – Matthew Brinkley reported Jones County Senior Center has a new Director. The Rec Department offers line dancing classes at the Senior Center and there is talks of expanding the congregate sites
- f. Lenoir – Walter LaRoque reported there will be a Valentine's Day Party on February 10th at the LaGrange Site. Lenoir County will also be hosting the bowling segment of the Senior Games.
- g. Onslow – Joyce DuPavevich reported the Senior Center is offering free tax assistance through April 3rd, they are collecting socks for seniors; Valentines day dance will be at the local high school on the 11th; Chick-fil-a sponsors a breakfast on a Monday for Bingo.
- h. Pamlico – Ann Hughes-Thomas reported during open enrollment the SHIP counselors saved over \$99,000. Young at Heart club will celebrate Valentines Day on the Holiday; Volunteers Income Tax Assistance is starting on every Wednesday tile April 12th.
- i. Wayne – Yvonne McLamb reported the Senior Games Health Fair will be February 2nd; offered a Flue Clinic in October; Ugly Sweater Contest ion December 21st; Free Hearing test from the Lions club; participated in the Angel Tree at Christmas time; Martha Bryan spoke last month on STHL

9. Additional Comments/Concerns – David Rosado encouraged if anyone wanted to participate or volunteer to do so during the Senior Games in a county near them.

Carolyn Bland encouraged the STHL to participate in the Planning Aging Boards.

There was discussion of Granny Pods as new living arrangements and the Tiny House Festival in Pink Hill on April 23rd.

David asked if anyone would like to participate in an orientation. It was decided to have orientation 1 hour before a regular scheduled meeting.

10. Meeting Calendar Dates:

- a. April 3rd, 2017 at 10:00 a.m.
- b. July 10th, 2017 at 10:00 a.m.
- c. October 2nd, 2017 at 10:00 a.m.

11. Travel Reimbursement

12. Adjourn – RAAC – *Walter LaRoque motioned to adjourn meeting. Meeting was adjourned at 11:31 a.m.*

SENIOR TAR HEEL LEGISLATURE (STHL)

AGENDA

Wednesday, February 1, 2017
2nd Floor Conference Room, O'Marks Building
10:00 a.m.

1. Call to Order – meeting was called to order at 11:45 a.m.
2. Approve Minutes – *No minutes to approve*
3. Adopt Agenda – *No agenda to adopt*
4. New Business – Next state STHL meeting in Raleigh will be held March 14th & 15th, the second day is to schedule meeting with the Legislature about the 5 priorities of 2017.

Friends of STHL is a good source for funding if anyone needs assistance.

5. Old Business - Decision to keep STHL meeting joined with RAAC still stands, if there is special STHL needs to be discussed prior notice will be sent out to arrange STHL meeting.
6. Adjourn - *meeting adjourned.*