

## **.REGIONAL AGING ADVISORY COMMITTEE (RAAC)**

### **MINUTES**

Monday, April 4<sup>th</sup>, 2016  
2<sup>nd</sup> Floor Conference Room, O'Marks Building  
10:00 a.m.

#### **Attendees:**

##### *Carteret County*

Louise Yurko (RAAC - Chairman)  
Victor Heinrich (STHL-A)  
John Thompson (RAAC - Vice Chairman  
& STHL-D)

##### *Craven County*

Carolyn Bland (RAAC)  
Thomas Pittman (RAAC)

##### *Duplin County*

Darrell Grubbs (RAAC)  
Donna Grubbs (RAAC)

##### *Greene County*

Faye Taylor (RAAC)  
Jean Garner (RAAC)

##### *ECC AAA Staff*

Tonya Cedars, AAA Director  
David Rosado, Deputy Director  
Andi Reese

##### *Guests*

Deborah Patterson, Legal Aid of NC  
Mineko Holloway, LCCOA  
Frankie Hobbs, Duplin County

##### *Jones County*

Matthew Brinkley (RAAC)  
Della Ancrum (STHL-D & RAAC)

##### *Lenoir County*

Walter LaRoque (RAAC)  
Audrey Tyson (RAAC & STHL-D)  
Gene Rybolt (STHL-A)

##### *Pamlico County*

Joan Gracie (STHL-D & RAAC)

##### *Wayne County*

Linda Harper (RAAC)  
Jimmie Ford (RAAC)  
Yvonne McLamb (RAAC)  
Peggy Seegars (STHL-D)

January Brown  
Leighann Morgan

Melisa Brown, Duplin County  
Beth Harrell, Carteret County

1. Call to Order – Louise Yurko called the meeting to order at 10:00 a.m.
2. Welcome – Louise Yurko welcomed everyone to the meeting and started the introduction around the table.
3. Adopt Agenda  
*Agenda was unanimously adopted*

4. Approval of Minutes January 11, 2016  
*Walter LaRoque motioned to approve minutes, seconded by Jean Garner, motion approved unanimously.*
5. Directors Report – Tonya Cedars reported the reauthorization of the Older Americans Act. The Senate & House are passing back and forth a reauthorization bill, waiting on the final action of the bill.

Multiple AAA across the state have been working with ECU to submit a grant to the Administration for Community Living to expand evidence base programs that are offered across in our regions, especially the Healthy Living, those are the classes that meet for 6 weeks for anyone with Chronic Disease to learn to manage living with the disease. The idea is to make sure the program is in every county and to expand to multiple providers in each county. The grant is due April 8, 2016. If granted the program it will start in August. ECC-AAA will be coordinating the training for the program.

Tonya gave a handout of the Confidentiality Policy and highlighted the different points of the policy. These are practices that have been followed and is in compliance with the State policy.

*John Thompson motioned to adopt the Confidentiality Policy as presented, seconded by Yvonne McLamb, motion approved unanimously.*

Tonya gave a handout on North Carolina Family Caregiver Support Program Eligibility, highlighting the eligibility of participant, and requested to add an additional cap to the annual cap of \$1,800. The cap would be \$250 annual per client for supplemental services. A waiver can be signed and issued for special situations.

*Carolyn Bland motioned to adopt the added eligibility policies, seconded by Jimmie Ford, unanimously approved.*

Tonya stated that Steve DeLaVega has resigned from his RAAC position in Onslow County. Marge Zima is currently out due to undergoing surgery. John Thompson has requested to become STHL-A and Victor Heinrich to become STHL-D. No approval is necessary because both John and Victor have been approved previously by RAAC and are only changing positions

6. Budget Updates
  - a. FY 16-17 Preliminary Allocations – Tonya Cedars gave out a handout of preliminary allocations from NCDAAS for next fiscal year. She highlighted the decrease and increases in the different programs. There is a large cut in HCCBG of \$122,963. This information will be sent out later today to the providers. The numbers are based on the certified census population numbers from 2014, this cut will definitely affect the region.

- b. Approve funding method for FCSP/IIID/Legal – Tonya Cedars gave a handout giving the amounts that will be given to the providers for non-block grant money for approval of method.  
*Yvonne McLamb motioned to approve the Funding Formula Factor, seconded by Walter LaRoque, unanimously approved.*
7. 2016-2020 Four Year Plan – Tonya Cedars requested for a special meeting on April 18<sup>th</sup> at 10:00 a.m. in the 2<sup>nd</sup> floor conference room of the O'Marks building to discuss the 4 Year Plan.
8. Officer Election – Tonya Cedars stated that April is the annual meeting and the re-election of officers.  
*John Thompson nominated Louise Yurko to remain Chairman, unanimously approved. Carolyn Bland nominated John Thompson to remain Vice Chairman, unanimously approved.*
9. Staff Reports
  - a. Ombudsman – Tonya Cedars gave the Ombudsman report. Angelia Pridgen will be back from maternity leave on April 14<sup>th</sup>. Renee has been doing an excellent job of covering the whole region with the help of Makaley Deal, Intern. The major issue has been facilities trying to discharge patients without a proper 30 day notice. The Administration of Community Living has put in a final rule that NC is out of compliance with CAC, due to the election of CAC members by commissioners instead of the State Long-Term Ombudsman. There is a workgroup that is working diligently to make NC in compliance.
  - b. Family Caregiver – January Brown stated that all monitoring is completed until next year.
  - c. HCCBG – David Rosado gave a handout of county expenditures through February 2016, which should be around 68%. Any additional questions should be directed to David Rosado.
  - d. LCA/MFP – Andi Reese stated new 10 people have been trained in Matter of Balance, as well as herself. Andi has been master trained in CDSMP and Tai Chi. Andi has 2 clients going through the transition program within the month.
  - e. Other
10. County Comments:
  - a. Carteret – Beth Harrell stated the senior games will be starting; annual volunteer luncheon is April 20<sup>th</sup>; Nutrition Seminar 26<sup>th</sup>; Senior Life Expo May 6<sup>th</sup> ; June 3<sup>rd</sup> dental day for home delivered meal clients; June 9<sup>th</sup> Scam Jam, June 1<sup>st</sup> Matter of Balance classes.
  - b. Craven – Carolyn Bland stated the Sunshine group expanded to Tuesday; Offered a Living with Diabetes 6 weeks class; Memory café meets first Monday of each month; Offered a Powerful Tools workshop in January & February; Elder Abuse workshop in June; and Elder Abuse

Walk is June 3<sup>rd</sup>. Thomas Pittman stated DSS did a presentation for Food Stamps; Grandparents Café and in February they did Valentine's Day and Black History events.

- c. Duplin – Darrell Grubbs stated the Volunteer Luncheon April 8<sup>th</sup>; Senior Games April 18<sup>th</sup>-29<sup>th</sup>; Senior Fun Day May 18<sup>th</sup>; Senior Health Fair May 11<sup>th</sup>; Senior Trip is June 1<sup>st</sup>-3<sup>rd</sup>.
- d. Greene – Jean Garner stated the Director has been trained for Tai Chi; Volunteer Breakfast on April 14<sup>th</sup>; Senior Games; Renovation of Center on going
- e. Jones – Della Ancrum stated there are new activities; gardening & coloring class; Senior Health fair May 13<sup>th</sup>; Friday before Easter had a cookout; there are monthly trips to Wal-Mart, Roses, different location each trip; Arts/Crafts class submitting art to senior games.
- f. Lenoir – Mineko Holloway stated that April 6<sup>th</sup> they had a seniors volunteer luncheon; Alzheimer's walk is April 16<sup>th</sup>; they have put out a rebid for the catering contract; applied for recertification for center of excellence; 4<sup>th</sup> Annual Elder Abuse Awareness Walk will be hosted at the Veteran's home on June 15<sup>th</sup>; Neuse River senior games will have bowling event in Kinston; April 14<sup>th</sup> speaker on behavior management sponsored by Caswell Foundation; May 10<sup>th</sup> is legislative day and the NC Co new coalition president to be legislative day; may 21<sup>st</sup> rose fest in Pink Hill; May 6<sup>th</sup> and 7<sup>th</sup> BBQ Festival; Volunteer Luncheon Wednesday April 6<sup>th</sup>;
- g. Onslow – no update
- h. Pamlico – Joan Gracie stated Senior games; volunteer breakfast coming up April 24<sup>th</sup>; May 25<sup>th</sup> Aging Expo; Alzheimer's support group meets on regular;
- i. Wayne – Yvonne McLamb stated in February held different events for Black History Month; March 2<sup>nd</sup> Understand and Managing of Heart Failure Class; March 4<sup>th</sup> Senior Games health fair and open House; 18<sup>th</sup> St. Patty Day dance; 19<sup>th</sup> senior trip to see Lion King and dinner; new class of Adult Coloring; Planning trip in June for Lost Colony; March 30<sup>th</sup> Better Choices 8 week series class; March woman's billiards class; lunch with a cop hosted on quarterly basis; Arthritis class; Sleepy Mat class ; April 9<sup>th</sup> AARP Safe Driving program; April 15<sup>th</sup> Vol. App Dinner; Feb 961 hours of volunteer hours.

#### 11. Additional Comments/Concerns

#### 12. Meeting Calendar Dates:

- a. July 11<sup>th</sup>, 2016 at 10:00 a.m.
- b. October 3<sup>rd</sup>, 2016 at 10:00 a.m.

#### 13. Travel Reimbursement

14. Adjourn – RAAC – Jimmie Ford Motioned to adjourn meeting; Louise Yurko adjourned meeting.

## **SENIOR TAR HEEL LEGISLATURE (STHL)**

### **AGENDA**

Monday, April 4<sup>th</sup>, 2016  
Chelsea Restaurant  
(After Volunteer Luncheon)  
Minutes

Delegates present: Victor Heinrich, Lavick Williams, Della Ancrum and Gladys Burton, Audrey Tyson and Gene Rybolt, Joan Gracie, Peggy Seegars and Martha Bryan.

Meeting called to order.

Proposed resolutions were discussed. It was agreed that the following resolutions would be submitted on behalf of the Region P STHL delegation:

1. HCCBG
2. Support for Senior Centers
3. Expand Medicaid

Tonya would develop the resolutions and send out for final approval then forward to Mary Edwards by April 11<sup>th</sup>.

Meeting adjourned.