

REGIONAL AGING ADVISORY COMMITTEE (RAAC)

Minutes

Monday, April 3rd, 2017
2nd Floor Conference Room, O'Marks Building
10:00 a.m.

Carteret County

Louise Yurko (RAAC)
Victor Heinrich (STHL-D)

Craven County

Lavick Williams (RAAC & STHL-D)
Carolyn Bland (RAAC)
Ann Thomas-Hughes (STHL-A)

Duplin County

Darrell Grubbs (RAAC)
Donna Grubbs (RAAC)
Wood Brinson (RAAC & STHL-D)

Greene County

David Jones (RAAC & STHL-D)
Faye Taylor (RAAC)
Jean Garner (RAAC)

Jones County

Della Ancrum (STHL-D)

Lenoir County

Walter LaRoque (RAAC & STHL-D)

Elaine Patterson (RAAC)

Onslow County

Joyce DuPlevich (RAAC)
Marge Zima (RAAC)

Pamlico County

Joan Gracie (RAAC & STHL-D)
Tye Roy (RAAC)
Patricia Mills (RAAC)

Wayne County

Linda Harper (RAAC)
Martha Bryan (STHL-D)
Jimmie Ford (RAAC)

ECC AAA Members in Attendance:

Andi Reese, Interim Deputy Director
Leighann Morgan, Administrative
Assistant

Guests:

Sondra Robeson

1. Call to Order – Louise Yurko called the meeting to order at 10:02 a.m.
2. Welcome – Louise Yurko welcomed everyone to the meeting and started the introduction around the table.
3. Adopt Agenda
Walter LaRoque motioned to approve agenda, seconded by Jean Garner, unanimously approved
4. Approval of Minutes – February 1, 2017
Jean Garner motioned to approve minutes, seconded by Walter LaRoque, unanimously approved
5. Approval of RAAC & STHL nominees – A handout of the proposed RAAC & STHL nominees were given out for review. Tye Roy & Pat Mills were

nominated to become new RAAC members and stood to introduce themselves and give a small detail of their history.

Woody Brinson was suggested to be STHL-D after Janet Jones resigned. *Darrell Grubbs motioned to approve Woody Brinson as STHL-D, seconded by David Jones, unanimously approved.*

Ann Thomas-Hughes was suggested to be Craven County STHL-A. *Walter LaRoque motioned to approve Ann Thomas-Hughes as STHL-A, seconded by Jean Garner, unanimously approved.*

6. Directors Report – Andi Reese, Interim Deputy Director, gave the director report. She stated HCCBG monitoring has been completed for FY 16/17. The AAA is still waiting to hear from DAAS about allocations for FY 17/18. Victor Heinrich asked of the budget cuts if they affect the AAA HCCBG. Andi explained the difference between Meals on Wheels and Home Delivered Meals. HCCBG includes Home Delivered Meals, Meals on Wheels is a different funding source. The AAA was monitored by DAAS and there was no finding of being non-compliant.

7. Staff Reports

- a. Ombudsman – no update
- b. Family Caregiver – Andi Reese gave out a handout on Project CARE and talked about vouchers that are available in each county. January Brown has been teaching a PASTA class in Jones county and is trying to set up a class in Onslow County.

There was talk of Project CARE being a big topic at the STHL meeting. Discussion of what Project CARE is and what the vouchers cover took place and a future topic of Rosalyn Pugh coming to talk to the group was suggested.

- c. HCCBG – Andi Reese stated monitoring is on track and completed.
- d. LCA/MFP – Andi Reese explained LCA (local contact agency) and option counseling, which helps make the decision to move home easier.
She has 2 follow ups on ones that have moved; 6 LCA monthly referrals and 6 active MFP transitions.
- e. Other-no other comments

8. County Comments

- a. Carteret – Victor Heinrich stated the Senior Center has been monitored and was given a low risk rating. Victor attended the STHL meeting in January; The Senior Center sent Valentine's Day cards to legislatures; there is a plan for a Charleston Trip; Pine Knoll Shores is trying to become Age Friendly Community but zoning voted against it.

- b. Craven – Lavick Williams stated that a Walk/Talk will be planned in the near future; Carolyn Bland stated the Senior Center still hosts Grandparents & Memory Café; and a Mothers/Daughter Tea will be hosted for Mother’s Day.
- c. Duplin – Darrell Grubbs stated that the Senior Center has offered an Alzheimer’s Care workgroup; Elder Abuse workshops; AARP tax aide workshops. Upcoming events include a Volunteer Appreciation dinner and a Senior Health Fair
- d. Greene – David Jones reported there is a trip planned to Savannah, GA in September; TaiChi group did a demo at the Greene County Health Department open house; Greene County has 20 participates in the Neuse River games; Volunteer Breakfast is coming up; During Older American’s Month there will be a senior dance and pool tournament. Elder Abuse Walk is June 15th.
- e. Jones – Della Ancrum reported of activities at Jones County Senior Center; Art & Crafts; gardening project; Bingo; Brain Teaser; Blood Pressure/Sugar checks; Grandparents Lunch on St. Patrick’s Day and they are preparing for Senior Games coming up
- f. Lenoir – Walter LaRoque reported that the Senior Center is going under their Scope Recertification; they had an AlzNC Memory Walk on April 8th; Volunteer Lunch is on April 19th; and there will be a Line Dancing performance on the 26th.
- g. Onslow – Joyce DuPavevich reported Onslow Senior Center has a new newsletter format; a fund raiser, lasagna dinner for Friends of Seniors; Senior Games are April 22nd and 29th. Senior trips to Disney Epcot at the end of April and Spirit of Ireland is planned for October; Volunteer Tea is April 18th.
- h. Pamlico – Ann Thomas-Hughes reported that there has been an increase in ramps and home delivered meals; Pamlico County has 15 participates in the Senior Games; Aging Well Expo in May at the Community College. Joan Gracie spoke at the Senior Center about STHL. Tye Roy stated that there is a Fairy GodParents Circle they have raised needed items for kids in schools.
- i. Wayne – Linda Harper reported that senior games was in February; There was a Peggy Seegars Day in March; Matter of Balance classes were offered in January and February. Martha Bryan stated that may 20th will be Wings over Wayne.

9. Additional Comments/Concerns

Victor Heinrich stated that mail order or 90 day supply pharmaceuticals may be cheaper and Medicare Part D plans should be checks yearly along with your preferred pharmacy choice

David Jones stated that at the STHL meeting there was talk of the opium addiction in senior communities.

10. Meeting Calendar Dates:

- a. July 10th, 2016 at 10:00 a.m.
- b. October 2nd, 2016 at 10:00 a.m.

11. Travel Reimbursement

12. Adjourn – RAAC

Elaine Paterson motioned to adjourn meeting. Meeting adjourned.

SENIOR TAR HEEL LEGISLATURE (STHL)

AGENDA

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10:00 a.m.

1. Call to Order
Andi Reese, Deputy Director called meeting to order.
 2. Approve Minutes
 3. Adopt Agenda
Walter LaRoque motioned to approve agenda, Martha Bryan 2nds, agenda adopted.
 4. New Business – Friends of NC Senior Tar Heels is a non profit group that lobbies for older adults.
 - a. Appoint Representative to Friends of STHL
Martha Bryan motioned to nominate Walter LaRoque, 2nd by David Jones. Walter LaRoque accepted the nomination.
- Next meeting item to pick chairman and vice chair of STHL
5. Old Business
Discussion of the organization of the state STHL meeting and starting a email list serve of Region P, it was decided that the STHL will meet for dinner the 1st night to discuss the meeting.
 6. Adjourn – *meeting adjourned.*